

(TMI Newsletter – September 5, 2012)

## **GEMS FROM TMI'S ARCHIVES**

### **A Speck in Infinity: Journey Deep into the Cosmos**

TMI's archives are full of treasures, some tucked away and invisible to the casual eye. Feel stress drain from your body-mind as you open to the verbal and visual guidance of this powerful meditation.

"A Speck in Infinity," a gem from Peter Russell on YouTube, takes us from the stars we see with the naked eye, to the billions we don't see in our galaxy alone, to the billions of galaxies strung across the Universe.



[\*\*A Speck in Infinity: Journey Deep into the Cosmos\*\*](#)

*(See the link to this video in the notes section below)*